



Pet Friendly Community - Best Friends Welcome

Pets can be a wonderful addition to your family. A purring cat or the constant wag of a dog's tail can warm your heart and relax your soul. Studies have shown, having animals in your life can significantly benefit your health. Pets may help their owners live longer, healthier, and more enjoyable lives.



Making the decision to move can be stressful; moving into a retirement community can be a big change. Having your faithful companion by your side can make the transition smoother and help ease your mind. River Terrace Estates is not only a wonderful place for you to live; they proudly welcome



A study published in the Journal of the American Geriatrics Society found that seniors who have pets tend to have better physical health and mental wellbeing than those that don't. They're more active, cope better with stress, and have better overall health. A study showed that elderly pet owners had significantly lower blood pressure and cholesterol level overall than their contemporaries without pets.



your pets as well.

River Terrace Estates would never dream of asking you to leave your best friend behind. Pets are part of your family.

River Terrace is home to numerous dogs and cats. Pictured here are a few of the dogs and cats who call River Terrace Estates home.





Martha Colson Blue Ribbon Awarded to Kendi Wickey

Martha Colson was a Charter Member of River Terrace Estates as an Independent Living Resident. Over time, Martha experienced some health challenges and eventually became a resident of the Woodlands, our health care unit in 2007. It was there that Martha became instrumental in shaping the “Person-Centered Care” that is now in place.

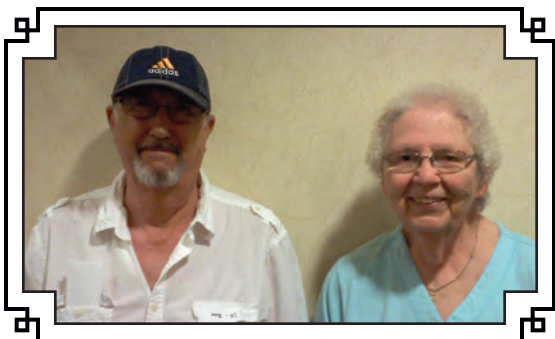
Martha always felt that “actions spoke louder than words” and so she challenged the staff, encouraging the idea that residents should have the opportunity to make more choices about their care, what they ate and their daily schedule. With Martha’s help, River Terrace took a more holistic approach to resident care. She encouraged River Terrace administration to look at things from a different perspective giving residents control of their life while still providing quality care and meeting extensive state requirements.



The Blue Ribbon Award was created to honor Martha’s memory and the legacy she left behind at River Terrace. Through this award River Terrace Estates recognizes the one employee each year who best embodies Martha’s vision of “Person Centered Care.”

The winner of the 2010 Martha Colson Blue Ribbon is Kendi Wickey. Kendi came to River Terrace as a nurse in Health Care and is currently the Coordinator of the Woodlands Memory Support Assisted Living Program. Kendi was voted as an outstanding example of Person Centered Care as she continually strives to enhance the lives of residents as she encourages their independence and preserves their dignity.

Card Corner - Ready to Play Euchre?



Congratulations to JoAnn Babel and Don Vore, June Tournament Winners

Play In The September Euchre Tournament

September 17th • 2:00pm - 4:00pm



Join us for an afternoon of Euchre fun in September. You can sign up as a team or individually and we will pair you with a partner. Located in the Independent Living Dining Room. To RSVP, visit www.RiverTerraceEstates.net, call (260) 824-8940 or toll free 1-877-715-8374 by September 15th.

Senior Informational Seminar - *For Seniors And Their Families*

Changes in Medicare - What You Need To Know

August 17th • 7:00pm

Medicare regulations and options have changed. Learn how these changes may affect you or your family.

Speaker: Sylvia Wade from the area Aging and In-Home Services Office • *Located In The Chapel*

Bring A Friend To Lunch - *Due To Limited Seating, Reservations Are Required*

Technology Safety For Seniors - How To Protect Yourself

July 29th • 11:00am

Technology can be wonderful, but you need to know if you are at risk, and how to protect yourself.

Speaker: Lieutenant Jim Paxson of The Wells County Sheriff's Office
Program In The Chapel, Followed by Lunch in the Independent Living Dining Room

Wildlife Along the Wabash River - Birds of Prey

August 8th • 11:00am

Join us for an informative presentation about wildlife found around River Terrace Estates. After lunch you are invited to take an optional guided nature walk on our trail to the river.

Speakers: Marvin McNew & Teresa Rody of the Indiana Department of Natural Resources
Program In The Chapel, Followed by Lunch in the Independent Living Dining Room

Super Bugs - Is The Threat Real?

October 10th • 11:00am

Learn what you should know about "Super Bugs," why they pose such a threat and what we need to do to protect ourselves.

Speaker: Dr. Tammy Dunmoyer from Caylor Nickel Family Practice
Program In The Chapel, Followed by Lunch in the Independent Living Dining Room

The Creative Arts Council in Bluffton

November 9th • 11:00am

Learn about the Creative Art Council in Bluffton and the many programs they offer. Everyone will have an opportunity to browse through the Art Exhibit by "Dotty and Friends."

Speaker: Quinn Biberstine from the Creative Arts Council in Bluffton
Program In The Chapel, Followed by Lunch in the Independent Living Dining Room



**Visit www.RiverTerraceEstates.net, call (260) 824-8940
or toll free 1-877-715-8374 to RSVP for these events.**



RiverTerrace
ESTATES

400 Caylor Boulevard
Bluffton, Indiana 46714
(260) 824-8940
877-715-8374

Mark Your Calendar

July 29 • Luncheon - Technology Protection
August 8 • Luncheon - Wildlife & the Wabash
August 17 • Seminar - Changes in Medicare
September 15 • Cottage Open House
September 17 • Euchre Tournament
October 10 • Luncheon - Super Bugs
November 9 • Luncheon - Creative Arts Council
November 9-10 • Art Open House & Sale

Cottage Open House

September 15th • 1:00pm - 3:00pm



Tour one of our Cottages and learn about the “Snow Bird” Program for those who go South for the winter. Visitors will receive Street Fair Coupons for local vendors.



Art Exhibition and Sale

November 9th and 10th • 10:00am - 4:00pm • Located in the Chapel
“Dotty & Friends” will have original works of art displayed for viewing and purchase.

